

Transnational Work Session

1



4th to 9th of August
Guimarães, Portugal



Co-funded by
the European Union



Agência Nacional
Erasmus+ Juventude/Desporto
Corpo Europeu de Solidariedade

About the Project

Context

The last three years have been particularly complex for the European/global context. In 2020 there was a global pandemic that shook the world and in 2022 the Russia-Ukraine armed conflict began, which persists to this day and has generated incalculable negative impacts on social, economic, educational, migratory, housing, professional, political, etc. levels.

Adverse scenarios such as these, of conflict, war, crisis, pandemic, catastrophe, etc., undermine the foundations of societies, reveal the fragility of the world and highlight the need to prepare citizens to deal with a scenario that has been imposed on them and to recover from the losses that inevitably arise along the way.

Based on the fact that citizens are unprepared and lack the necessary skills to face these complex and challenging scenarios and to speed up (re)construction (of themselves, their communities and their countries), YOUTH CRISISPRENEURS will address this gap/problem.

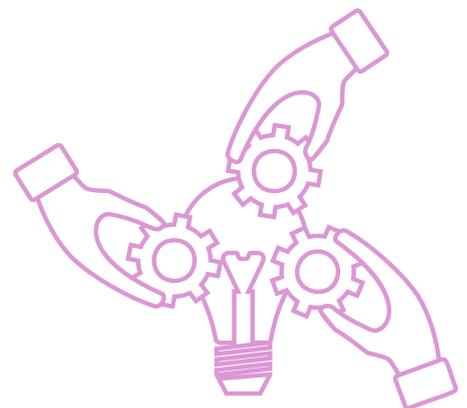
Goals

- Capacitate the youth sector to intervene with young people, namely through quality and inclusive digital learning opportunities;
- Capacitate young people in terms of key competencies and entrepreneurial skills;
- To raise awareness among the youth sector and the general community of the increased challenges faced by young people in complex contexts and the role of this group in rebuilding communities/countries;

Aims of the Mobility

Face-to-face activity at the start of the project, in which the work on the implementation will start. It includes:

- defining strategies for carrying out the activities;
- agreeing on the tasks and concrete responsibilities of each team and timings;
- initial sharing about the experiences of each organization;
- exchange of experiences in the field of entrepreneurship, etc.



Participants' Profile

1 Youth Worker per Organization

- > 18 years old
- Active in youth work, particularly in the field of NFE and entrepreneurship
- Ability to develop and produce results
- Ability to capacitate others
- Communication skills
- Basic level of English

1 Youth Project Manager per Organization

- ≥ 18 years old
- Internal member of the consortium;
- With leadership and project management skills;
- With previous experience in coordinating youth projects.

Accommodation



All participants will be accommodated at Pousada da Juventude de Guimarães.

Each room will have two beds.

Check in: 4th August after 18h

Check out: 9th August until 12h

Address:

Complexo Multifuncional de Couros, Largo do Cidade, 8

4810-430 Guimarães

Portugal

If you arrive before 18h you can leave your luggage at the Pousada

Meals and Activity Room



4th August: For those who need it, on the day of arrival there is a budget up to 7,5€ for dinner. We recommend *francesinha* in the city of Porto, but we can also recommend you cheap restaurants in Guimarães.

5th-8th August: Breakfast will be at Pousada da Juventude, lunch and dinner will be in a local restaurant.

9th August: Breakfast will be at Pousada da Juventude.

Activities will take place in the meeting room and, if weather and work permit, outdoors.



Important Note: Allergies and food restrictions will be taken care of.

Reaching the Venue

Travel Dates: 4th August (arrival) | 9th August (departure)



Closest Airport: The preferential airport for reaching the Guimarães is Francisco Sá Carneiro Airport (OPO).

From the airport to Guimarães:

Francisco Sá Carneiro airport is just 40 minutes away, and you can easily access Guimarães via direct bus transfer.



Link to the bus transfer: <https://www.getbus.eu/>

From Porto city center to Guimarães:

From the Porto city center, you can access Guimarães by train.



COMBOIOS DE PORTUGAL

- **Duration:** 1h 15 minutes approximately.
- **Station:** São Bento Train Station.
- **Address of the Train Station:** Praça de Almeida Garrett, 4000-069 Porto.

For information about the train: <https://www.cp.pt/passageiros/en>.

From the Porto city center, you can access Guimarães by bus as well.

The FlixBus logo consists of the word 'FLIXBUS' in white, bold, uppercase letters on a green rectangular background.

FLIXBUS

- **Duration:** 45 minutes.
- **Station:** Terminal Intermodal de Campanhã -Campanhã Bus Terminal.
- **Address of the Bus Terminal:** R. de Bonjónia 691 4300, 4300-084 Porto.

Link to the bus: <https://www.flixbus.pt/>

Travel cost and Reimbursement

To reimburse you for the costs, you need to keep all ORIGINAL boarding tickets (plane, metro, train), reservations and invoices.

Be aware that the amount to be refunded corresponds to the exact price that you have spent as long as it is within the maximum established by the program.

If any documents are paper format, and it was not possible for them to be provided during the Meeting, you will need to send them to:

Rua do Freixo, nº979, E1.2. 4300-218 Porto, Portugal



DO NOT FORGET to ask for invoices with the VAT number in all the transportation you take.

VAT NUMBER

515385166

In case you need more than the number to fill out the invoices:

Name: PROACTING - Associação

Address: R. do Freixo 979, E1.2, 4300-010 Porto, Portugal

The following table refers to the travel budget for each organization.

Organization	Distance	Calculation	Budget (TOTAL)	Participants
PROACTING (Portugal)	0 km	0,00€ x 2px	0,00€	1 Youth Worker + 1 Project Manager
Volyn Youth Center (Ukraine)	2501 - 3500 km	433,00 € x 2px	866,00€	1 Youth Worker + 1 Project Manager
Nordic Diaspora Forum (Sweden)	2501 - 3500 km	433,00 € x 2px	866,00€	1 Youth Worker + 1 Project Manager
United Youth (North Macedonia)	2501 - 3500 km	433,00 € x 2px	866,00€	1 Youth Worker + 1 Project Manager
Youth Horizons (Greece)	2501 - 3500 km	433,00 € x 2px	866,00€	1 Youth Worker + 1 Project Manager

Important note: We kindly ask you that before purchasing the airplane tickets, please share your travel plan for our approval.



About Guimarães

Guimarães is one of the best historic cities in northern Portugal.

The Portuguese citizens affectionately regard Guimarães as the birthplace of their country. It was here that the first Portuguese king (Afonso Henriques 1109- 1185) was born, and it was the capital during Portugal's struggle for independence.

Guimarães is a city rich in medieval history and buildings with character associated with the period. You'll find a magnificent Gothic monastery, a fully fortified castle, and an elegant 15th-century palace within the city. Between these monuments is a maze of cobbled streets and charming squares, lined with traditional buildings and family-run stores.

Associated with the Portuguese identity, the historic center of Guimarães, in the area inside the walls, was classified as a World Heritage Site by Unesco based on the values of originality and authenticity with which it was recovered.

From Guimarães, cities as Porto and Braga are easily reached.

Guimarães Castle

Built in the 10th century to defend against the Moors, it was the birthplace of King Afonso Henriques and later served as a royal court.

The castle was greatly strengthened during the 13th century, and these fortifications are what you see today



S. Tiago Square and Largo da Oliveira

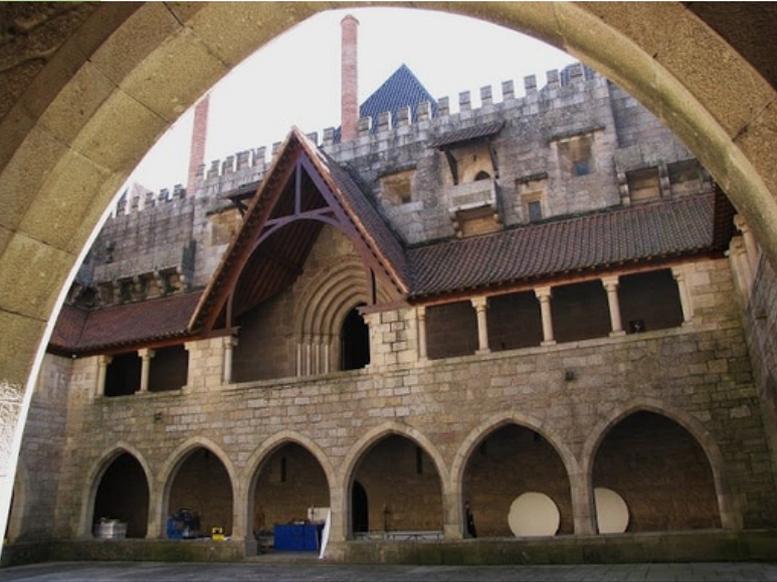
The two medieval squares in the heart of Guimarães, are the area with the most personality in the city.

The two squares feature many of Guimarães' oldest buildings, such as the Church of Nossa Senhora da Oliveira and the Old Town Hall.

Senhora da Oliveira and the Old Town Hall, and are the ideal place for a relaxing lunch.



Palace of the Duques de Bragança



This imposing 15th-century palace displays a fascinating collection of 17th-century furniture and tapestries. The palace was extensively restored (and almost rebuilt) in the 1940s and is probably much grander today than it was originally.

Hill of Penha

A forest-covered hill (613m) east of Guimarães, with giant boulders, quiet paths and breathtaking views of the region. A cable car connects Guimarães to the Santuário da Penha, the modern church complex at the top of the hill.



Church of Nossa Senhora da Consolação

The church began as a small chapel dedicated to Our Lady of Consolation in March 1576. A new Baroque church was completed in October 1785, with two towers, a staircase, and a balustrade added a century later. In the 19th century, the Casa do Despacho and the Chapel of Senhor dos Passos were built.



Contact Us

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